



## HEALTH & WELLBEING BOARD

**Subject Heading:**

Children and Young People's Mental Health

**Board Lead:**

Steve Rubery/ Tim Aldridge

**Report Author and contact details:**

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**The subject matter of this report deals with the following themes of the Health and Wellbeing Strategy**

- ☒ Theme 1: Primary prevention to promote and protect the health of the community and reduce health inequalities
- ☒ Theme 2: Working together to identify those at risk and intervene early to improve outcomes and reduce demand on more expensive services later on
- ☒ Theme 3: Provide the right health and social care/advice in the right place at the right time
- ☐ Theme 4: Quality of services and user experience

<b>SUMMARY</b>
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The attached presentation provides an update on children and young people's mental health and emotional wellbeing projects and programmes in Havering as requested by the Health and Wellbeing Board.



## RECOMMENDATIONS

The Board is asked to: -

- Acknowledge the value of the multiagency approach being taken to support children and young people's mental health and emotional wellbeing in Havering and across the BHR footprint.
- Discuss the information provided in the presentation and provide feedback or pose questions as appropriate.
- Propose when the next update should be provided to the Health and Wellbeing Board.

## REPORT DETAIL

The presentation outlines work implemented locally to support children and young people's mental health, in line with national policy direction and investment since the publication of the Government's vision document 'Future in Mind' in 2015.

It covers both BHR-wide and Havering-specific work.

It highlights expected future direction in line with the recently published NHS Long Term Plan and identified local need.